

Coalface Case Presentation

1st Asian Schema Therapy Conference, Malaysia

Title:

A Battle between The Protector, The Judge and The Vulnerable child: Understanding Dissociative Identity Disorder via Schema Mode Model

Speaker:

Dr. Tan Huey Jing Renee

Abstract:

Dissociative Identity Disorder (DID) is the existence of two or more identities in an individual accompanied by a change in memory, personal preferences, attitude and behavior. DID is a rare disorder and is often associated with traumatic or overwhelming experiences. This is a case study of a lady who presented with fragmentations of identity. There were presence of 5 identities of varying age, gender and personality. There was also presence of symptoms of Major Depressive Disorder. In this case, the symptoms of DID were culturally misinterpreted by her family as being possessed. The challenge of DID remains to uncover the underlying trauma as it involves conscious remembering of the traumatic experience. The different identities experienced in this patient were explored and their manifestations were explained via the schema mode model.